

*(Print on official certificate or letterhead.)*

### **Designation of July as Park and Recreation Month**

WHEREAS parks and recreation is an integral part of communities throughout this country, including \_\_\_\_ **(insert name of city or county)** \_\_\_\_\_; and

WHEREAS parks and recreation promotes health and wellness, improving the physical and mental health of people who live near parks; and

WHEREAS parks and recreation promotes time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimers; and

WHEREAS parks and recreation encourages physical activities by providing space for popular sports, hiking trails, swimming pools and many other activities designed to promote active lifestyles; and

WHEREAS parks and recreation is a leading provider of healthy meals, nutrition services and education; and

WHEREAS park and recreation programming and education activities, such as out-of-school time programming, youth sports and environmental education, are critical to childhood development; and

WHEREAS parks and recreation increases a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, the attraction and retention of businesses, and crime reduction; and

WHEREAS parks and recreation is fundamental to the environmental well-being of our community; and

WHEREAS parks and recreation is essential and adaptable infrastructure that makes our communities resilient in the face of natural disasters and climate change; and

WHEREAS our parks and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors; and

WHEREAS the U.S. House of Representatives has designated July as Parks and Recreation Month; and

WHEREAS \_\_\_\_ **(city/county)** \_\_\_\_ recognizes the benefits derived from parks and recreation resources.

NOW THEREFORE, BE IT RESOLVED BY \_\_\_\_ **(name of governing body)** \_\_\_\_\_ that July is recognized as Park and Recreation Month in the **(city/county of \_\_\_\_\_)**.

*(Add sections for official seal, signature(s) and date.)*