## CELEBRATE



# Farm to School Month

Ideas and resources for celebrating National Farm to School Month in October

#### **OCTOBER IS NATIONAL FARM TO**

SCHOOL MONTH, a time to celebrate the connections happening all over the country between children and local food! From taste tests in the cafeteria and nutrition education activities in the classroom, to farm visits and school garden harvest parties, schools, early care and education sites, farms, and communities in all 50 states, Washington, D.C. and U.S. Territories take part in the celebrations.

#### National Farm to School Network

advocated for the creation of National Farm to School Month by Congress in 2010 and now organizes the annual celebration with hundreds of partners across the country.



#### **GET STARTED**

National Farm to School Month is a great opportunity to plan a new farm to school activity, organize a special celebration of your current efforts, or initiate a new partnership. Visit

farmtoschoolmonth.org to get started.

#### **LEARN MORE**

Throughout October, we'll share stories and information on our social media and blog to connect, inspire, and spread awareness about farm to school. Follow us at @farmtoschool on all platforms!

Visit our resource database for hundreds of helpful resources, sorted by searchable tags for Farm to School Month as well as topics like school gardens, procurement, and policy.

#### **JOIN THE MOVEMENT**

If you are an educator, parent, food producer, nutrition professional, or someone who cares about improving your community—sign up to be a member for free and receive our enewsletter for regular updates, new resources, advocacy opportunities and more. Sign up at farmtoschool.org/join.

If you are representing an organization, sign up to be an NFSN partner here: farmtoschool.org/our-network.

### **Celebrate**

Many farm to school programs begin with a small activity that generates interest and engages the whole community. Use these ideas to establish a new project or strengthen an existing program.

## Schools and early care and education sites

- Organize a farm tour or trip to the local farmers' market.
- Promote National Farm to School Month on the school menu and in the cafeteria. Find logos, posters and more at farmtoschoolmonth.org.
- Do a taste test or feature a local item that is in season.
- Serve a meal that is 100% locally sourced.

#### **Families and businesses**

- Cook with seasonal products as much as possible. Most state departments of agriculture or Buy Fresh Buy Local chapters offer a regional crop calendar.
- Volunteer at your local school to support a school garden or classroom educational activity.
- Support children, families, and communities by making a donation today! Visit

farmtoschool.org/donate.

### Spread the Word

- Highlight your farm to school activities in your newsletters, website or blog, and materials that go home to parents like school lunch menus.
- Invite media & policymakers to visit your school, farm or other sites; participate in Farm to School Month events.
- Join the movement by using the hashtags #F2SMonth & #farmtoschool in your social media posts. Tag @farmtoschool in your posts so we can share your content!
- Follow @farmtoschool on Instagram, LinkedIn, Facebook and X to see highlights of National Farm to School Month celebrations across the country.











Download and print our newly-designed posters, stickers, bookmarks & more for FREE at farmtoschoolmonth.org