



**October is National Farm to School Month,**

a time to celebrate the connections happening all over the country between children and local food!

Everyone can get involved



with farm to school! Try a new local food with a taste test, plan a field trip to a farm, serve a local food item for lunch or as a snack, plant



seeds or harvest from a garden, or read a farm or food-related book!

How will you show your support for farm to school this October? Find more activity ideas, resources, and materials for celebrating at

[farmtoschool.org](http://farmtoschool.org)



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