

39th National CHILD NUTRITION CONFERENCE

CACFP · AFTERSCHOOL MEALS · SUMMER FOOD

Schedule At-A-Glance

Monday, April 14

8:00 am - 8:00 pm	Registration and Information Desk Open - Grand Atrium
1:15 pm - 1:45 pm	Navigating the Conference Q&A - Grand Ballroom DE
2:00 pm - 3:00 pm	SUN Meals Overview - Grand Ballroom DE
3:15 pm - 4:15 pm	Afterschool Meals Overview - Grand Ballroom DE
4:30 pm - 5:00 pm	Professional Networking Strategies & Tips - Grand Ballroom DE
5:00 pm - 6:00 pm	Regional Networking - East Atrium

Tuesday, April 15

Sessions in orange are hybrid (onsite/virtual) sessions. All sessions are in Central Time. They will be available to watch on demand through May 15, 2025.

7:15 am - 7:45 am	CACFP Creditable Tools & Resources - Grand Ballroom DE			
8:00 am - 9:00 am	Group Meetups - See page 16 for locations			
9:00 am - 1:30 pm	Exhibit Hall Open - Trinity Hall			
9:15 am - 10:15 am	CACFP Overview - Grand Ballroom DE			
10:30 am - 11:00 am	CACFP Certification Overview - Grand Ballroom DE			
10:30 am - 11:30 am	Mid-Morning Coffee Break in Exhibit Hall - Trinity Hall			
11:00 am - 12:30 pm	State Agency Office Hours - See page 19 for locations			
1:30 pm - 3:00 pm	National Conference General Session - Chantilly Ballroom			
		Chantilly Ballroom	Grand Ballroom AB	Grand Ballroom DE
3:15 pm - 4:15 pm	Featured Speakers	USDA CACFP Policy Update	Ending Child Hunger in America: A Path to Lasting Change Through Summer Meals	Resilience: The Key to Overcoming Challenges
4:00 pm - 6:00 pm	Exhibit Hall Open - Trinity Hall			
4:30 pm - 5:30 pm	Welcome Reception - Trinity Hall			

7:00 am - 8:00 am		Continental Breakfast, Coffee & Conversation - Chantilly Ballroom												
7:15 am - 7:45 am		Shop Talks - Refer to page 25 for topics and locations												
		Grand Ballroom AB	Grand Ballroom C	Grand Ballroom DE	Senators Lecture Hall	Governors Lecture Hall	Topaz	Emerald	Sapphire	Wedgwood	De Soto	Coronado BCD	Metropolitan	Monet
8:00 am - 9:00 am	Workshops Session One	Who's at the Door? Navigating Home Monitoring Situations	Tips for New and Returning Sponsors on the Application Process	Family Style Mealtime: Developing Language & Social Skills	Beginners' Guide to Crediting Recipes in the CACFP	Straw Bales: A New Way to Garden	Spend Less, Get More: How to Stretch Your Grocery Dollars	Expanding Your Afterschool Meals Program for Greater Impact	Innovative Mapping Tools to Plan for Summer	Filling Your Cup: Comprehensive Self-Care Strategies	Helping Selective Eaters Succeed	Incorporating Vegetables into Plates, Play & Physical Activity		Best Practices for Developing a Financial Management Process
8:00 am - 8:30 am		Speed Session #1: Sell them Your Dream: Getting Buy-In from Your Team - Miro												
8:45 am - 9:15 am		Speed Session #2: Beyond the Airplane Spoon: Tips for Picky Eaters - Miro												
9:00 am - 12:30 pm		Exhibit Hall Open - Trinity Hall												
9:15 am - 10:15 am	Workshops Session Two	Handling Food Recalls in CACFP	Non-Congregate Summer Feeding: 2024 Lessons for Summer 2025	A Recipe for Inclusion: Culturally Responsive Cooking Strategies	Nourish & Flourish: Essential CACFP Adult Menu Planning Tips	Beyond Gardening: CACFP-Based Variety in Farm to ECE	CNP Integrity Rule Best Practices with MH Miles	Planning, Paying & Physical Activity for Afterschool Meals	Funding Summer on a Shoestring and a Friend	Don't Be a Bore: Make Your Trainings Roar	Healthy Staff, Healthy Kids: Cultivating Wellness for Your Teams	Milk Matters! Be a Breastfeeding Champion	The Numbers Behind the Story: Unveiling Insights with Data	CACFP Administrative Budgets
10:30 am - 11:30 am		USDA SFSP Policy Update - De Soto												
10:30 am - 1:00 pm		Professional Headshots - Peacock Terrace Foyer												
12:30 pm - 1:30 pm		Lunch - Trinity Hall												
1:45 pm - 2:45 pm	Workshops Session Three	Managing Food Vendors for CACFP Compliance	Preparing for CACFP in the Texas Automated Nutrition System (TANS)	CACFP Cycle Menus for Head Start	Identifying Whole Grain-Rich	Harvesting Hope, Nourishing Our Future	How to Achieve Food Program Compliance with CREDIBLE Automation	Aligning Community CACFP & School Nutrition for Greater Impact	SFSP Meal Patterns and Menu Planning	How to Get Along with an AI Coworker by Your Part-Time Controller	Food Sovereignty: An Indigenous Perspective	Taste Testing Like A Pro: Sensory-Assisted Food Introductions	CACFP Newsroom: Breaking News	
1:45 pm - 2:15 pm		Speed Session #3: Words Matter: Empower and Motivate Health with Facts - Miro												
2:30 pm - 3:00 pm		Speed Session #4: Cultivating Leadership: A Framework for Effective Strategies - Miro												
3:00 pm - 4:00 pm	Workshops Session Four	Fundamentals of CACFP Child Care Center Monitoring	The NDL and TEXSL Placement & Removal Process for CACFP & SFSP	Nutrition Activities for the Head Start Classroom	Snack-tacular Celebrations: Tasty Bites for Every Week	Cultivating the Core of Farm to ECE	Taking the Paper out of CACFP Paperwork with KidKare by Minute Menu	Education, Accessibility & Partnerships in Afterschool Meals	Summer Food: If I Knew Then What I Know Now	Enhancing Communication Channels	Preparing for CACFP or SFSP Audits	Nurturing Healthy Eating Habits through Responsive Feeding Practices		Investigating Fraud, Waste & Abuse in Federally Funded Programs
3:15 pm - 3:45 pm		Speed Session #5: CACFP Archeology: How ICN Preserves the Past to Nourish the Future - Miro												
4:15 pm - 5:15 pm	Workshops Session Five	Ounce Equivalents Made Easy with the Exhibit A Grains Tool	Program Integrity Rule and Administrative & Procurement Reviews	Conducting Monitoring in the CACFP for Head Start	A Fresh Perspective for Embracing New Foods	Bringing Farm Fresh to Your CACFP	Use Your Voice to Simplify CACFP Record Keeping with Logatot	Two Programs, One Goal: A Guide to Afterschool and Summer Meals	Feeding Communities: From Planning to Serving Summer Meals	Healthy Leaders, Healthier Programs: Prioritizing Leader Well-Being	Be a Kid's Hero: Food and Nutrient Acceptance in the Early Years	Gluten Found: Why Cross-Contact Can't Be Ignored	Changing CACFP State Policy: A Colorado Case Study	Financial Management for Center Sponsors
5:30 pm - 6:00 pm		Shop Talks - Refer to page 35 for topics and locations												

De Soto is exclusively for hybrid (onsite/virtual) sessions on Wednesday and Thursday. You're welcome to attend these sessions onsite, but may also attend another session and watch these later on demand.

Thursday, April 17

7:00 am - 8:00 am		CACFP Professionals Networking Breakfast - Chantilly Ballroom															
7:00 am - 8:00 am		Continental Breakfast, Coffee & Conversation - Chantilly Ballroom															
7:15 am - 7:45 am		Shop Talks - Refer to page 39 for topics and locations															
		Grand Ballroom AB	Grand Ballroom C	Grand Ballroom DE	Senators Lecture Hall	Governors Lecture Hall	Topaz	Emerald	Sapphire	Wedgwood	De Soto	Coronado BCD	Metropolitan	Monet			
8:00 am - 9:00 am	Workshops Session Six	Menu Planning for Emergency Situations	Nutrition to Youth Development: An Extension's Role in Schools	Navigating Special Diets		Events to Engage Families in Nutrition with Farm to Early Care	Nurturing Little Explorers: The Journey of Starting Solids by Gerber	Nourishing Futures: Trends, Menus & Engagement Strategies	Maximizing SUN Programs Across Two State Agencies	Teaming Up for Greater Impact: Creating Collaborative Partnerships	Hunger, Health and How Early Care Settings Can Help	Nourishing Minds: Teaching Nutrition Education Across Subjects	State Agency Strategies to Uplift the CACFP	Sponsor Audits: Avoid Pitfalls, Stay Prepared and Succeed			
8:00 am - 8:30 am		Speed Session #6 - Fundraising Fundamentals: Kickstart Your Strategy for Success - Miro															
8:45 am - 9:15 am		Speed Session #7 - Lessons Learned, A Bright Future for SFSP Non-Congregate - Miro															
9:15 am - 10:15 am	Workshops Session Seven	Administrative Review Preparedness for Sponsors	Managing Food Allergies in the CACFP	Bolstering Nutrition Education in Early Head Start	Beyond Beginners: Next Level Menu Planning	Cooking with Kids' Kitchen: Seasonally Fresh Meals for CACFP	Building a Regulation-Ready Breakfast presented by General Mills	Exploring the Three Cs of a Successful Afterschool Meal Program	From 30 Summer Lunches to 400 Grab and Go Meals in 2 Easy Moves	When Tough Isn't Enough, Build Mental Strength	Playful Activities for Teaching Healthy Diets	Raising Healthy, Happy Eaters from their First Bites	Civil Rights Compliance and Special Diets in the CACFP	Developing a CACFP Budget			
9:30 am - 10:00 am		Speed Session #8 - Supporting Food Security in Your Local Community - Miro															
10:30 am - 11:30 am	Workshops Session Eight	Early Relational Health Paves the Way for Healthy Child Development	Discover the Magic of Fresh Ingredients: 10 Recipes Kids Will Love	Integration of CACFP with Head Start Objectives	Turning Yuck to Yum: Making Mealtimes Matter	Find Your Farmer: Enrich Farm to ECE Through Producer Relationships	Streamlining Administrative Reviews with PrimeroEdge	Beyond the Bell: Serving Supper in Schools with Sponsors	Non-Congregate Summer Meal Service	Who Is Your Best Self? Understand Yourself to Understand Others	Fun and Flavorful Themed CACFP Menu Planning	Cultural & Local Foods: Creating Diverse Menus	Cultivating Connections Between Sponsors and Public Health Partners	Navigating Specific Prior Written Approvals for Budget Items			
11:30 am - 12:30 pm		Lunch - Trinity Hall															
12:45 pm - 1:15 pm	Speed Sessions #9	Enhance Staff Capacity by Engaging College Students	Hydroponic Gardening: Innovative Farm to Plate	GPS: Engaging Grandparents, Parents & Students in Farm to Table	Thriving Kids: Nurturing Health with Plant-Based Nutrition	Harvest of the Month: Local Food Exploration & Learning for Littles	CACFP Training Program & Nutrition Calendar	Combating the Challenges of an At-Risk Rural Nutrition Program	Operating a Non-Congregate Summer Food Service	Leadership Essentials for CACFP Professionals	Cultivate Community: Serving Fresh & Local Foods with Efficiency		Bridging the Nutrition Gap in Low-Income Communities				
1:30 pm - 2:30 pm	Workshops Session Nine	Serious Deficiency Process	Religious Dietary Basics: Serving Halal & Kosher	Family Style Mealtime: Developing Math, Science, and Motor Skills	Great Grains! Taking the Guesswork Out of What's Creditable	Future-Proofing Farm to ECE: Strategic Approaches to Sustainability	Crediting Puzzle: Putting the Pieces Together for CACFP	Leveraging Technology in Your Afterschool Meals Program	Navigating Non-Congregate SFSP Meals in Rural and Tribal Areas	Fueling the Future: Strategies to Prevent Burnout	Fresh Foods, Flavors and Kitchen Ingredients	Rethinking Picky Eating	Child Nutrition Reauthorization: Continued Advocacy for the CACFP	Sponsoring Summer Food: Keys to Financial Management			
1:30 pm - 2:00 pm		Speed Session #10 - Diversifying Menus: Placing Proteins and Plants on the Plate - Miro															
2:15 pm - 2:45 pm		Speed Session #11 - What Are Children Eating? A Plate Waste Study - Miro															
2:45 pm - 3:45 pm	Workshops Session Ten	How to Drive Student Participation in School Food Programs	What About the Babies? Streamline Your Infant Feeding	CACFP & Head Start Food Service Regulations	CN Labels & PFS Made Simple	Seeds of Hope	The Most Customizable CACFP Software: Make My Food Program Yours	Maximizing Meal Access in the Out-of-School Time Hours	Summer Meals to Go: Alaska's Rural SFSP Solution	Corporate Volunteerism: Getting Companies to Help Feed the Need	Monitoring 101: Ensuring Compliance in SFSP and Afterschool Meals	Cooking Up Fun: Engaging Kids in Cooking Activities	Championing Change with CACFP Advocacy	Cost Allocation for Center and Home Sponsors			
3:00 pm - 3:30 pm		Speed Session #12 - Work-Life Imbalance: Supporting the "New Norm" in the Workplace - Miro															
		Grand Ballroom AB	Grand Ballroom DE			De Soto		Friday, April 18							Coronado BCD	De Soto	
4:00 pm - 5:00 pm	Featured Speakers	Inside and Out: Sesame Street's Whole Child Wellness		Harnessing Artificial Intelligence (AI) to Transform Your Work in Federal Nutrition Programs		The Power of Pause: Regulate Yourself to Lead and Serve with Strength		8:00 am - 9:00 am	Session #1	Rising Leaders Coffee Hour		CACFP Professionals: Certification Q&A					
5:15 pm - 5:45 pm		Shop Talks - Refer to page 52 for topics and locations															
9:15 am - 10:15 am	Session #2	CACFP Meal Pattern Exceptions		Best Practices: Working with Your Board													
10:30 am - 11:30 am	Session #3	Manager's Toolkit: Salary & Compensation Roundtable		More About CACFP: Ask Us Anything!													
11:45 am - 12:30 pm	Session #4	Leadership in the CACFP		Meet Up: NCA Board of Directors Q&A													

Virtual Sessions At-A-Glance by Time Zone



Tuesday, April 15

Session Name	Eastern Daylight Time	Central Daylight Time	Mountain Daylight Time	Pacific Daylight/ Mountain Standard Time	Alaska Daylight Time	Hawaii-Aleutian Standard Time
CACFP Creditable Tools & Resources	8:15 am - 8:45 am	7:15 am - 7:45 am	6:15 am - 6:45 am	5:15 am - 5:45 am	4:15 am - 4:45 am	2:15 am - 2:45 am
CACFP Overview	10:15 am - 11:15 am	9:15 am - 10:15 am	8:15 am - 9:15 am	7:15 am - 8:15 am	6:15 am - 7:15 am	4:15 am - 5:15 am
National Conference General Session	2:30 pm - 4:00 pm	1:30 pm - 3:00 pm	12:30 pm - 2:00 pm	11:30 am - 1:00 pm	10:30 am - 12:00 pm	8:30 am - 10:00 am
USDA CACFP Policy Update	4:15 pm - 5:15 pm	3:15 pm - 4:15 pm	2:15 pm - 3:15 pm	1:15 pm - 2:15 pm	12:15 pm - 1:15 pm	10:15 am - 11:15 am

Wednesday, April 16

Session Name	Eastern Daylight Time	Central Daylight Time	Mountain Daylight Time	Pacific Daylight/ Mountain Standard Time	Alaska Daylight Time	Hawaii-Aleutian Standard Time
Helping Selective Eaters Succeed	9:00 am - 10:00 am	8:00 am - 9:00 am	7:00 am - 8:00 am	6:00 am - 7:00 am	5:00 am - 6:00 am	3:00 am - 4:00 am
Healthy Staff, Healthy Kids: Cultivating Wellness for Your Teams	10:15 am - 11:15 am	9:15 am - 10:15 am	8:15 am - 9:15 am	7:15 am - 8:15 am	6:15 am - 7:15 am	4:15 am - 5:15 am
USDA SFSP Policy Update	11:30 am - 12:30 pm	10:30 am - 11:30 am	9:30 am - 10:30 am	8:30 am - 9:30 am	7:30 am - 8:30 am	5:30 am - 6:30 am
Food Sovereignty: An Indigenous Perspective	2:45 pm - 3:45 pm	1:45 pm - 2:45 pm	12:45 pm - 1:45 pm	11:45 am - 12:45 pm	10:45 am - 11:45 am	8:45 am - 9:45 am
Preparing for CACFP or SFSP Audits	4:00 pm - 5:00 pm	3:00 pm - 4:00 pm	2:00 pm - 3:00 pm	1:00 pm - 2:00 pm	12:00 pm - 1:00 pm	10:00 am - 11:00 am
Be a Kid's Hero: Food and Nutrient Acceptance in the Early Years	5:15 pm - 6:15 pm	4:15 pm - 5:15 pm	3:15 pm - 4:15 pm	2:15 pm - 3:15 pm	1:15 pm - 2:15 pm	11:15 am - 12:15 pm

Thursday, April 17

Session Name	Eastern Daylight Time	Central Daylight Time	Mountain Daylight Time	Pacific Daylight/ Mountain Standard Time	Alaska Daylight Time	Hawaii-Aleutian Standard Time
Hunger, Health and How Early Care Settings Can Help	9:00 am - 10:00 am	8:00 am - 9:00 am	7:00 am - 8:00 am	6:00 am - 7:00 am	5:00 am - 6:00 am	3:00 am - 4:00 am
Playful Activities for Teaching Healthy Diets	10:15 am - 11:15 am	9:15 am - 10:15 am	8:15 am - 9:15 am	7:15 am - 8:15 am	6:15 am - 7:15 am	4:15 am - 5:15 am
Fun and Flavorful Themed CACFP Menu Planning	11:30 am - 12:30 pm	10:30 am - 11:30 am	9:30 am - 10:30 am	8:30 am - 9:30 am	7:30 am - 8:30 am	5:30 am - 6:30 am
Cultivate Community: Serving Fresh & Local Foods with Efficiency	1:45 pm - 2:15 pm	12:45 pm - 1:15 pm	11:45 am - 12:15 pm	10:45 am - 11:15 am	9:45 am - 10:15 am	7:45 am - 8:15 am
Fresh Foods, Flavors and Kitchen Ingredients	2:30 pm - 3:30 pm	1:30 pm - 2:30 pm	12:30 pm - 1:30 pm	11:30 am - 12:30 pm	10:30 am - 11:30 am	8:30 am - 9:30 am
Monitoring 101: Ensuring Compliance in SFSP and Afterschool Meals	3:45 pm - 4:45 pm	2:45 pm - 3:45 pm	1:45 pm - 2:45 pm	12:45 pm - 1:45 pm	11:45 am - 12:45 pm	9:45 am - 10:45 am
The Power of Pause: Regulate Yourself to Lead and Serve with Strength	5:00 pm - 6:00 pm	4:00 pm - 5:00 pm	3:00 pm - 4:00 pm	2:00 pm - 3:00 pm	1:00 pm - 2:00 pm	11:00 am - 12:00 pm

On Demand Only

Session Name
Afterschool Meals Overview
SUN Meals Overview
CACFP Certification Program Overview